



RULES AND REGULATIONS **OF THE 2020 IVAKKAK RACE**

Rules and regulations will be explained at a mushers' meeting prior to the race start. All participating teams have to abide by these rules and regulations without any exception.



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1. All Nunavik Beneficiaries of the James Bay and Northern Quebec Agreement (JBNQA) may participate in the Ivakkak dog sled race. Mushers must be 18 years or older and musher assistants must be 16 years or older.

2. All participating teams must have submitted their registration form by mail/email/fax, along with the original copy of their signed waivers at least 1 month before the race start date. Original waivers can be submitted in person at the racers meeting prior to the start of the race.

3. Only purebred Inuit Husky dogs are to be used by participants (see Annex 1 for a detailed description). **IMPORTANT:** Siberian husky dogs or blue-eyed dogs will not be accepted under any circumstances. Dogs will be checked prior to the start of the race and any dog that doesn't fit these requirements may be removed from the race and returned home.

4. Dog teams are to be made of 10 to 12 dogs at the start of the race

IMPORTANT: Participating dog teams must have been trained in the months prior to the race. Non-trained dog teams are asked to abstain from participating in the race, as it would not only slow down the overall pace of the race but may also lead the dogs to exhaustion causing the team to quit and the dogs to be carried by snowmobiles, therefore adding to the logistics and costs of the race. Participating dog teams should therefore be able to travel at least 40 to 50 miles (or 65 to 80 kilometers) during the course of one day (within the hours of daylight), continuously, day after day. It is also highly recommended not to bring a full team of young dogs, as they tire out more easily and may not be able to follow the daily pace of the race. Dogs used in participating dog teams should therefore be fully grown and at least a year old.

NOTE: Although females in heat will be allowed in the race, the mushers will need to exercise control over them to restrain them from disturbing other teams.

5. All dogs that are going to be used during the race have to have received a rabies vaccine, as well as a distemper–adenovirus type 2 –par influenza–parvovirus vaccine. The dog owner must be able to provide proof that the dogs have been vaccinated.

NOTE: Pills to treat worms will be provided to the participating dog teams prior to the race. It is recommended to treat the dogs at least four weeks beforehand, as the pills may cause the dogs to be weaker for a few days and suffer from dehydration and sometimes diarrhea. These pills are not to be ingested by humans.

6. Sleds to be used are to be of the Nunavik style.

Sleds are to be from 14 to 16 feet long, with the length measured from one end of a runner to the other end. Height and width may vary. Runner choice is up to the participant. Any type of rope may be used.

7. Dogs must be set up in the traditional fanstyle team with one rope for each dog. The dogs cannot be set up in tandem (twobytwo). The gain line must be of at least 3feet long.

8. Whips should be used only to guide the dogs in the right direction, not to hit the dogs. However, they may be used to discipline the dogs if they start fighting with each other. Whips are not to be used when



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passing or beside another dog team. If a team uses a whip within 100m of another dog team a 5 minutes penalty will be applied.

9. Abuse and excessive cruelty to dogs will not be tolerated and will result in a penalty of 1 hour and could lead to immediate disqualification if repeated. No objects should be used to discipline the dogs.

10. No one is to kill a dog on the trail. If a dog is to be killed for any good reason, such as an incurable disease or painful injury, it has to be ensured that an appointed person takes care of it at a site that is not on the trail and away from campsites.

NOTE: If a musher or his partner kills a dog in the absence of a good reason, it will be viewed as excessive cruelty and the participating team will therefore be disqualified.

11. It is important that the mushers and their partners wear their race numbers at all times during the race for clear identification by the race officials and safety patrol.

12. The distance covered by the dog teams each day may vary depending on the snow conditions and the type of terrain. The daily distance to be covered will be determined by the officials each day. But as guideline, a minimum of 35 miles (60 km) will be covered each day, up to a maximum of 50 miles (80 km) on relatively flat terrain.

13. Starting location and time will be determined by the officials, and participants will be notified if there are any changes. If participants feel that the starting time should be delayed a number of hours or postponed to the next day for weather related reasons or any other reasonable concerns, it should be discussed with the officials during a meeting with all participants. Upon consultation with the participants, the officials will make the final decision, and everybody will have to abide by it, trusting the officials' good judgment.

NOTE: Start and finish lines are to be set up by the officials on the land and consist of a line of at least 100 feet. When starting in or passing through a community, the start and finish line will be set up by the community members themselves and will be clearly identifiable.

14. At the start of the race, the participating dog teams will go one after another, with two-minute intervals between each team. The race number draw, held at the mushers' meeting, will determine the starting rank of each team. Dog teams will then start one after another each day, according to their placing the previous day (e.g. 1st goes 1st, 2nd goes 2nd, and so on), with a two-minute interval in between each team. Each participant will be informed of their starting rank by the officials.

IMPORTANT: Participants are expected to be present at the starting line each day. If one fails to show up, the team's time will be started at their designated time without them.

15. Participants have to stop at each finish line set up by the officials. One cannot keep going to get to the next community, as he will not be present at the starting line the next day. All dog teams and members of the safety patrol have to sleep at the campsites determined by the race officials. No one



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(except the Race Coordinator who has to go prepare for the dog teams' arrival) is allowed to go sleep in communities nearby.

16. The race will be timed by the officials from start to finish each day. Daily times are then added together to make up the total time for the distance covered between the start and the end of the race. Each dog team will be informed of their total time to date each day.

17. Any team that does not arrive to the daily finish line on its own and requires assistance by support crews or rescue teams will receive a 1-hour penalty. This penalty will be added upon the last team's time to check in upon arrival.

18. If a musher or his partner decides to quit, he will not be allowed back in the race. In either case it has to be a good reason for one to quit the race. It will be the decision of the officials if the reason calls for a person to leave the race. In the event that a musher or a partner is accepted to leave the race then the team has the right to replace the participant who has left the race. The replacement will also have to be approved by the officials.

NOTE: Example of reason that could be considered acceptable may be, but not limited to, injury, medical reason ordered by a doctor/nurse or a serious family situation at his/her home.

19. In case of potential confusion in terms of the right path to follow, a portion of the trail may be marked by the officials and/or safety patrol. The safety patrol on snowmobile will follow the same trail, as much as possible, in order not to create confusion as to what trail the participating dog teams should follow. The trail scout will place more makers especially in dangerous areas and where trail splits

IMPORTANT: In the event of a storm, it is imperative that each dog team stops to avoid getting lost in a whiteout, and therefore having to launch a search and rescue mission for them. In the event that a participating team would get lost, or get stuck in a blizzard, they should activate the SOS feature on the device provided. If a team has activated the SOS feature, they should immediately make camp and wait for the search and rescue teams.

20. The dog teams are to be on their own as soon as the start has been given. They cannot request assistance from the safety patrol that would make them gain time over the other dog teams. The snowmobile patrol is strictly there for safety purposes; they are not there to help dog teams win the race.

NOTE: The safety patrol will leave with the race officials shortly after all dog teams have left. They will go wait for the dog teams' arrival at the next stop, except for two snowmobiles that are going to stay behind to close the trail behind the dog teams and ensure that every team makes it to the next stop.

IMPORTANT: Snowmobiles should not ride in front of or parallel to the dog teams for more time than it takes to pass the dogs, nor wait behind or ahead of the dog teams, as it will influence the dogs' pace. No encouragement or luring of any kind (e.g.: whistling) from the snowmobile patrol will be tolerated.

21. No cheating will be tolerated: The use of snow sails or any other device to make the sled go faster will be cause for immediate disqualification. Dogs and mushers are not to ingest any form of steroids or drug that would improve their performance. Mushers should under no circumstances feed the dogs of another team.



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22. Musher's are entitled to remove dogs from their teams, which they do not wish to use anymore due to injury, sickness or fatigue. However, no dogs are to be left behind. If a musher wishes to remove a dog in the course of the race, he must carry that dog on his dogsled until he meets up with the safety patrol, which can then carry the dog for him until the next checkpoint. If dog cannot continue the following day or once in the next community, the team will have to continue with the remaining dogs from the start of the race. However, participating dog teams must start the race each day with a minimum of six dogs, until the finish line. If one dog (out of that minimum of six dogs per team) can no longer pull, it is to be carried on the sled itself until the finish line. Dog cages will be left in communities to ensure that if dogs are removed from the race, they will be sent to their respected community.

IMPORTANT: If a dog is badly injured or if the Official Veterinarian decides that a dog cannot continue any longer, the dog may be left behind in a village along the route. If so, the support crew or Ivakkak staff will bring the dog to a designated person in the community to ensure the dog is flown back to its respected community.

23. If a dog gets loose during the course of the race a five-minute time penalty will be applied to the dog owner's total time. If the loose dog causes a disturbance to any other team an additional fifteen-minute penalty will be applied to the dog owner's total time. If a dog is intentionally loosened by another musher in the case of tangled ropes, the dog must be transferred to the owner, otherwise a fifteen-minute penalty will be applied to the musher who intentionally loosened the dog.

NOTE: Such disturbances should be reported to the officials on duty with the safety patrol, as soon as it is possible.

IMPORTANT: Foul play will not be tolerated amongst the participating teams and may lead to disqualification.

24. All items listed on the attached Carryon Equipment List (**see Annex 2**) have to be carried at all times by the participants on their dog sleds. Officials will do an equipment check list, in order to make sure that all items are still on the sled. A one-minute time penalty will be applied for each missing item, except for dog food where a 5-minute penalty will be applied.

NOTE: In each community checkpoint, the participating teams will be able to refill on food supplies for themselves and their dogs.

IMPORTANT: Participants should be careful not to lose anything, even if the lost items are not on that list (for example mitts, hats or little boots for the dogs). However, they will not be penalized for losing such other items.

25. Guns are not to be held unless for an emergency or hunting for food. However, they are not to be aimed in anybody's direction or at any dog. If a gun were to be held in the absence of an emergency or game animal, the participant will be penalized and may be disqualified depending on the reason for holding the firearm.

26. Dogs must be tied up when stopping for the night, preferably using chains, so that they don't get loose and cause disturbance with other teams.



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27. Only the dog owner himself and his partner are entitled to feed his dogs. However, a team may share its dog food supplies with others.

NOTE: Any food should properly be put away each day to keep other dogs from it and so as not to attract wild animals. We also request that mushers properly pack and mark their food supplies, so to avoid any confusion.

28. Any complaints must be presented directly to the officials, whom will then bring it about with the teams concerned, if necessary.

29. No intoxicating substances will be tolerated during the race. Any participant found under the influence of such substances during the race will be automatically disqualified.

NOTE: Safety patrol members will also be fired without any further payments if found under the influence of intoxicating substances, or if not attending to their duties as a consequence of their substance abuse.

30. Racers should not smoke without consent when another team is nearby or trying to pass them. A 1-minute penalty will be applied for smoking next to another team without their verbal authorization to smoke.

31. All mushers and musher assistants must adhere to the Ivakkak Code of Conduct (see **Annex 3**).

32. All campsites should be left clean. If there is garbage left behind (including naphtha and oil containers), a 5-minute penalty will be added to the team that leaves the garbage behind. Racers should also avoid throwing out any garbage out on the land during the race.



ANNEX 1
Characteristics of Purebreed
Inuit Husky dogs:

Body: Generally robust and muscular, with a slightly long and straight back, a stumpy neck, a strong, deep and broad thorax, and sturdy legs

Head: Well proportioned, a bit wide, with a dome shaped skull and a square pointed muzzle, generally black or dark brown. Often has a mask around the eyes (taqulik).

Ears: Triangular shaped, short and held erect and slightly pointed towards the front

Eyes: Generally brown, almond shaped, slightly oblique, not too wide open, with dark eye rims

Tail: Bushy tuft of hair curled up just above the small of the back

Fur: Thick, straight, long or semi long hair, often longer around the neck and chest, forming a lionlike ruff.

Colors vary from white, black, grey, brownish yellow, reddish brown or any combination of these.

Weight: Around 25 to 50 kg (55 to 110 lbs)

Height: Around 55 to 60 centimeters, sometimes more
(From withers down)



ANNEX 2

Dog Teams Carryon Equipment:

- Snow knife and/or saw
- Knife
- Ax
- Ice chisels, minimum 5 ft. length
- Poker or harpoon, minimum 5 ft. length
- Shovel
- Gun and ammunitions
- Inuit-style canvas tent (able to accommodate two people comfortably, and be weather resistant)
- Caribou skin or mattress
- Sleeping bags winter-rated: one for musher and one for musher assistant
- Floor covering or tarp
- Small stove
- Naphtha: 1 full can (provided by Makivik)
- Lighter or matches
- Tea kettle and Thermos
- Groceries (enough to survive until the next community checkpoint)
- Dog food (1 bag of dog food inside a canvas bag) - all provided by Makivik
- Garbage bags to carry trash
- Extra dog traces (rope), minimum 3 sets
- Extra harnesses, minimum 3 harnesses
- Candles
- Flashlight or headlamp
- First aid kit (provided by Makivik)
- Flares (provided by Makivik)



- InReach device for tracking and emergency purpose (provided by Makivik)

IMPORTANT: This equipment needs to be carried on your dog sled at all times during the race. Each racer will be checked, at each and every checkpoint and community upon arrival as well prior to departure, to ensure that all the equipment is there and any absent item upon check will immediately be applied as time penalties (see rule 24). You must therefore find and secure any equipment you are required to have immediately, this is the racer and his partners responsibility and will lie solely on them.

ANNEX 3

Ivakkak Code of Conduct

The following Code of Conduct shall be applicable to all mushers and musher assistants during the Ivakkak Dog Sled Race.

- The mushers and musher assistants are to conduct themselves in a manner that is professional, and which enhances the reputation of Ivakkak and of Nunavik as a whole;
- Each musher and musher assistant is responsible for both the integrity and consequences of his or her own actions;
- Honesty, safety, integrity and equity must be upheld by each musher and musher assistant when engaging in, or on the occasion of, any activity concerning Ivakkak dog sled race, particularly, in dealing with the public, the northern villages of Nunavik, regional organizations, other organizations, the media and other mushers, musher assistants and Ivakkak support staff employees;
- Each musher and musher assistant shall be responsible for the good conduct of himself/herself throughout the race.
- Each musher and musher assistant shall show respect, common sense, politeness and good sportsmanship in all their dealing with other mushers, handlers, race personnel and the general public. If the Race Marshal determines that a musher, handler or team, at any time in the race area or on the trail, behaves in a way that is detrimental to the race or the sport, he may disqualify that team.



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- The mushers and musher assistants of Ivakkak shall be sober during the Ivakkak Race. If they are found intoxicated during the race, this could lead to disqualification.

Name: _____

Signature: _____

Date: _____